Within recent weeks, there has been an increase in the adenovirus. Learn about what the adenovirus is and how you can protect yourself.

What is the Adenovirus?
- Adenoviruses can cause mild to severe illness, though serious illness is less common
- Causes a variety of infections in a variety of body parts

Common Signs & Symptoms
- Resembles the common cold
- Higher fever
- Diarrhea, nausea & vomiting
- Pink eye
- Increased heart rate
- Body aches
- Headaches

Protect Yourself
- Always wash your hands with soap and water
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Avoid close contact with those who are sick
- No sharing of drinks, e-cigarettes, chapsticks, utensils, etc.

Do I Need to see a Healthcare Provider?
- If you’re typically able to fight off infections on your own (ex. common cold), you probably do not need to see a healthcare provider.
  - If symptoms are severe or last longer than a few days, you should see your provider.
- If you have trouble fighting infections (immunocompromised), you should see your healthcare provider.